



# Mission



**Parenting for Liberation (P4L) was launched in 2016 as a virtual platform to connect, inspire, and uplift Black parents as they navigate and negotiate raising Black children within the social and political context of the U.S. Since then, it has grown into a movement strategy for Black parents, reaching more than 15,000 individuals.**

**Our mission is to cultivate resilient and joyful Black families that are doing the healing work to interrupt historical traumas and intergenerational violence, dismantle harmful narratives about the Black family, and create community that amplifies Black girl magic and Black boy joy.**

# Bright Moments

## Community

**Convened 150+ Parents in:**

- \* Los Angeles, Detroit
- \* Chicago, Idaho and San Diego to engage & share about liberation

## Online Engagement

**Social Media**

- \* 2000+ follower

**Blog posts**

- \* Curated 100+ w/ 6000+ visits/year

## Podcast

**20+ Podcasts**

- \* 7000+ plays on iTunes, Spotify & Soundcloud

## Workshops

**Received training**

- \* Women's Media Center
- Progressive Women's Voices and an Op-Ed training

**Presentations at 15+ Conferences:**

- \* Including Allied Media, Powerful Parent Conference, Mama's university

**3 part workshop series**

- \* In partnership with Just Detention International & Chicana M(otherwork) at a California women's prison.

**3 year Grant**

- \* From NoVo Foundation
- \* CADRE's Inspirational Parent Award

## Print

**Storybook**

- \* 100+ sold
- \* Received book deal with Feminist Press

**Featured in:**

- \* Ms. Magazine
- \* Washington Post

**"Ain't I a mama?"**

- \* In Chicana M(other)work (Spring 2019)
- \* Maternal Activisms (Summer 2019)

## Collaborators

- \* Mothering Justice
- \* The Equity Project
- \* CADRE
- \* Black Activist Mothering
- \* Chicana M(other)Work
- \* Mothering on the Frontline

# Mission

Cultivate resilient & joyful black families by healing & transforming black parent's struggles into liberated collective PARENT POWER



A world where black children are raised for liberation - not from fear - by a community of black parents

**Vision** rooted in Afro-Futurism

# Strategy

Liberated Parents ready to challenge institutional violence & racism on behalf of their children & community

**Interrupt** intergenerational Trauma

**Learn** Liberated parenting approaches

**Organize & Challenge** institutions & behavior

# Parenting for Liberation

# "Harriet"



**P4L brought together over 50 Black families on Veteran's Day, to view the 2019 American biopic film about one of American's greatest heroes, Harriet Tubman! Together we celebrated Harriet's legacy of strength, courage and tenacity of freeing herself and hundreds of slaves.**

**Following the film, we hosted a debrief with families, using quotes from the film as guides for discussions on pushing past fear, black sisterhood, parenting free Black children, and legacy-building; and we closed the conversation with a chant, "Freedom Side."**

**We are happy to share this tool for folks own viewing. We'd love to learn from your discussions. Tag us online and use #P4LHarriet**



AND  
CYNTHIA ERIVO    LESLIE ODOM, JR.    JANELLE MONÁE

# HARRIET

THE UNBELIEVABLE TRUE STORY OF HARRIET TUBMAN,  
AN AMERICAN LEGEND

FOCUS FEATURES PRESENTS IN ASSOCIATION WITH PERFECT WORLD PICTURES A STAY GOLD FEATURES/DEBRA MARTIN CHASE PRODUCTION A FILM BY KASI EMMONS "HARRIET"



# Film Debrief

# 8 QUOTES & QUESTIONS FROM “HARRIET”

# Freedom Side Chant



What side are you on my people, what side are you?

*We on the freedom side!*

What side are you on my people, what side are you?

*We on the freedom side!*

Harriet Tubman was a freedom fighter, who taught us how to fight

*We gone fight all day and night until we get it right!*



Until this monster called slavery is  
dead. You ready to kill the snake?



*Harriet Tubman*



VETERAN'S DAY  
WE HONOR  
HARRIET TUBMAN,  
THE FIRST WOMAN  
TO LEAD AN  
ARMED EXPEDITION  
FREEING **750**  
SLAVES

HOW DO YOU  
HONOR VETERANS?

**FEAR IS OUR  
GREATEST  
ENEMY.**

**HOW DO YOU  
PUSH PAST  
YOUR FEAR TO  
ACHIEVE YOUR  
GOALS?**



**"Fear is Your Enemy"**



*Reverend Green*





If I'm free, my family  
should be too. I made  
up my mind, I'm going  
back.

**HARRIET TOOK  
19 TRIPS  
FREEING 300.**

**WHAT CAN YOU  
DO TO FREE  
YOUR FAMILY &  
COMMUNITY  
MEMBERS WHO  
ARE NOT FREE?**



*Harriet Tubman*



**HARRIET WAS  
UNDERESTIMATED  
BY MANY PEOPLE.**

**DESCRIBE A TIME  
WHEN SOMEONE  
UNDERESTIMATED  
YOUR POWER,  
AND YOU PROVED  
THEM WRONG?**



God don't mean for people to own people. You tried to destroy my family & my people, but you can't. God showed me the future. My people are free.





"We want our babies  
born free like they  
meant to be"

**AS PARENTS OF  
BLACK CHILDREN,  
WE WANT OUR  
CHILDREN TO BE  
FREE.**



*Harriet Tubman*



**WHAT DOES  
FREEDOM LOOK  
LIKE FOR BLACK  
CHILDREN?**



"You're confident & composed. When trouble comes, you'll be ready."



*Marie Buchanan*

**THE FILM SHOWS  
BLACK WOMEN IN  
POWERFUL  
POSITIONS  
UPLIFTING ONE  
ANOTHER.**

**WHAT INSPIRES  
YOU ABOUT THIS  
SISTERHOOD?**

**HARRIET WAS A  
POWERFUL  
WOMAN AT  
DIFFERENT  
LEVELS, INCLUDING  
POLITICS.**

**HOW ARE YOU  
USING POLITICS  
FOR FREEDOM?**



I'm not going to give up rescuing slaves because it's far! I would give every last drop of blood in my veins to free them!"



*Harriet Tubman @ Underground Railroad*



"I go to prepare a place for you."



*Harriet Tubman*

**IN ADDITION TO HER SERVICE, HARRIET OPENED A "HOME FOR THE AGED."**

**WHAT LEGACIES ARE YOU LEAVING FOR FUTURE GENERATIONS?**

# LEARN MORE ABOUT PARENTING FOR LIBERATION:

READ BLOG:

[www.parentingforliberation.org](http://www.parentingforliberation.org)

FOLLOW ON SOCIAL MEDIA:

@parentingforliberation @parenting4lib



EMAIL US:

[trina@parentingforliberation.org](mailto:trina@parentingforliberation.org)

LISTEN TO PODCAST:



# Upcoming Pre Kwanzaa Event for Black Families

**PARENTING FOR LIBERATION**

**in partnership with Dior Sunset invite you to**

**PRE KWANZAA CELEBRATION**

**A celebration of African family community & culture!**

Saturday, December 21, 2019, 12 pm - 4 pm  
Museum of African American Art  
4005 Crenshaw Blvd, Los Angeles, CA 90008  
(inside Macy's 3rd Floor in the Crenshaw Mall)

All Activities Free & Open to Community  
African Drum Circle \* African Dance  
Cultural Food \* African Marketplace \* Art \* Raffles  
50 Families to Win a Wood Kinara Candle Holder!



<http://bit.ly/PreKwanzaa>